

# WELCOME TO THE OUTWARD BOUND TRUST'S ESKDALE CENTRE

## WHAT MAKES ESKDALE UNIQUE

Eskdale is our specialist corporate development venue, situated in the heart of the Western Lake District wilderness. The centre is set in expansive grounds, with views of the tarn and surrounding fells, offering an ideal location from which to self-reflect and focus on your programme.

Eskdale's Grade II listed Gate House, dating from 1896, serves as a fantastic base for delegates. Housing a wood pannelled billiard room and fully stocked bar, there's plenty of space in which to socialise.

Eskdale is also a holder of the CBEN Environmental Management Award.

## ACCOMMODATION

Delegates enjoy twin or single en-suite accommodation. Each room comes equipped with tea and coffee making facilities, a phone, guest towels, ample space for luggage and access to drying rooms. Maximum occupancy is 86 delegates.

## DINING

Eskdale's dining room, complete with antique fireplaces, is truly unique. Menus are created by our award-winning Head Chef, using a range of locally sourced ingredients. All meals are freshly prepared in our on-site kitchen, rated 5\* for food safety performance.

## OTHER FACILITIES

Wifi is available throughout the public areas of the main house. There are also a number of conference spaces, including a traditional library room. Visting staff can also stay in one of the spacious Tower bedrooms. In the village, there's a small general store with a cash machine.

VIEW OF THE FELLS  
SURROUNDING ESKDALE

## CONTACT

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**THE  
OUTWARD  
BOUND TRUST**

## GETTING TO THE CENTRE

Our venues are purposefully set in remote locations as the outdoor environment plays an essential role in every Outward Bound® programme. We use the mountains, lakes and rivers on our doorstep as catalysts for changing behaviours. The intensity and immediacy of the outdoor experience ensures that learning is embedded in a meaningful and memorable way. Our clients tell us time and again that it's more than worth the journey.

### By Road

We strongly advise that you do not follow routes provided by Sat Nav or GPS equipment when travelling to Eskdale. The directions provided below outline the easiest and most direct route to the venue.

From North or South take the A595, Cumbria coast road to Holmrook. From the South (exit M6 Junction 36), there is also the option of the scenic Birker Fell road; (leave the A595 near Broughton in Furness at Duddon Bridge via Ulpha), which is rewarding for its views and takes just over an hour from Junction 36.

### By Rail

From the South the direct route from Euston to Oxenholme (Kendal) takes around 3 hours. Transfers from the station to Eskdale take just over an hour by car. From the north take the Glasgow to Euston train which calls at Oxenholme station as above.

### By Air

Manchester is the closest international airport (transfer time approx. 2.5 hours). Blackpool and Liverpool airports can also provide competitive flights, and transfers can easily be arranged by our guest services team from all terminals. Helicopter landing can be accommodated by prior arrangement.

